

The Eternal Way of Truth

Comprehensive Study Questions

1. How does the human body reflect the three levels of universal order?
2. How does our relationship to others affect the channel of transformation?
3. Explain the physiology associated with the cycle of life.
4. What happens to the mind, ego, and desires after the divine body has formed?
5. The Truth is everywhere and always the same. How is this fact traditionally stated?
6. Apply this principle (#5) to the relationship between the sound AUM and the human body.
7. How does our partial experience of divine otherness turn the cycle of life?
8. Rajas, tamas and satvas are the three fill in the blank .
9. What generates the pairs of opposites?
10. What is the one thing you can do which makes liberation possible?
11. What are the three basic forms of energy (include Sanskrit name and a description of each)?
12. How is the enlightened being described in the Zen ox-herding story?
13. What happens when we do not totally surrender to God?
14. What has its source in the connection between you and me?
15. How does the process of meiotic cell division in a yogi differ from that in a normal person?
16. Name the seven chakras in Sanskrit.
17. What is the point of doing spiritual work if the cycles of birth, growth, decay and death are inevitable?
18. Sacrifice enables us to _____.
19. What do pranayama, celibacy, the worship of Ganesha, God's grace, Divine Love and yogic wisdom all have in common?
20. What is the result of the duplication amongst individuals?
21. How has God's grace become manifest on earth?
22. The combination of intense sexuality and celibacy is the key to _____
23. Our partial resistance to God results in _____.
24. Our true nature serves as a standard for what?
25. Describe the various levels of spiritual growth passed through by all types of persons.